Comparison of cancer detection rates in micro-ultrasound biopsies versus robotic ultrasoundmagnetic resonance imaging fusion biopsies for prostate cancer

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INTRODUCTION

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We aimed to compare the cancer detection rates in patients who underwent Micro-ultrasound biopsy (MB) versus Robotic ultrasound-magnetic resonance imaging fusion biopsies (RFB) for PCa.

MATERIALS AND METHODS

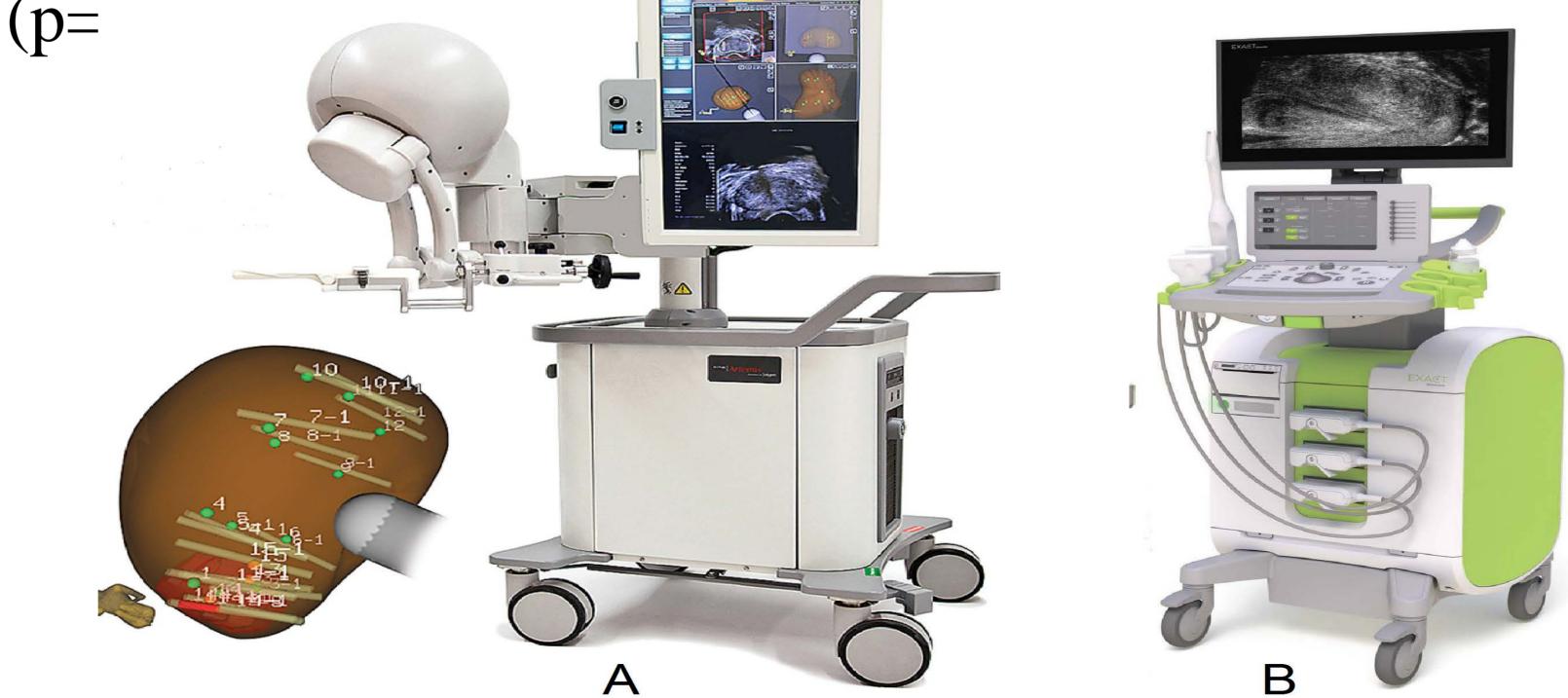
Between febreruary 2017 and september 2018, 451 biopsies were performed at our institution. We selected 271 patients that underwent target biopsy. In total 223 men underwent RFB, and 48 underwent MB. The study cohort was divided into two groups: robotic ultrasound-magnetic resonance imaging fusion biopsy (Group A) and microultrasound biopsy (Group B). Micro-ultrasound imaging was performed using the high resolution ExactVuTM system (Exact Imaging, Markham, Canada). RFB was performed using Artemis Device (Eigen, Grass Valley, CA). Biopsy samples were taken from targets in each modality, plus systematic samples.

RESULTS

There were no differences according to age (median: 66.9 years), PSA(median: 9.1 ng/mL), prostate volume (median: 54.4 g), and PIRADS (median: 3.96).

There were no differences according to cancer detection rates except for target detection rates of clinically significant tumors. The prostate cancer detection rate was 67.7% (151) in group A and 62.5% (30) in group B (p=0.48).

The detection of clinically significant cancer defined as patients with Gleason score greater or equal to 3+ 4 was 31.8%(71) in group A and 39.5% (19) in group B



A: Artemis device, B: ExactVu system

The clinically significant cancer detection rate of random biopsies were similar in group A and group B (21.5% vs. 22.91% respectively; p=0.83). Patients from Group B had higher clinically significant tumours detection in target biopsies (37.5% vs. 22.86%; p=0.035).

Detection of clinically significant Prostate cancer

	Artemis	(Group A)	ExactVu	(Group B)
Biopsy	Random	Target	Random	Target
G>6	21.5%	22.86%	22.91%	37.5%

CONCLUSIONS

Our study suggests that micro-ultrasound biopsy may be comparable to RFB according to prostate cancer detection. Micro-ultrasound might play a role in cognitive fusion biopsies.